



April 2021: Locations, times & contact details for **My Network**. With the Covid 19 restrictions access to the venues is restricted. We can talk to you by telephone/e mail/conference call with you. In person visits/sessions must be pre booked as venues may not be open.

Location	Mon	Tues	Weds	Thurs	Fri	Sat	Please note	Contact
Bognor Regis Number 73 Aldwick Road PO21 2NW	10 – 2			5 – 9 (alternate weeks)		10 – 2 (alternate weeks)	Venue is open Mon to Fri 9-4. Visitors are welcome to pop in.	Aldingbourne Trust Casper Rioseco, Debbie Allsopp & Claire Mant 01243 838 539 dropin@aldingbourne.org
Burgess Hill 31 The Martlets, RH15 9NN	10 - 3.30				10 - 3.30			Signposts (Mid Sussex) Ltd Jane Russell 01444 616 232 07572 211 509 mynetwork@signpostsmidsussex.org.uk
Haywards Heath Yews Community Centre, 55 Boltro Road, RH16 1BJ				2 - 4				
Chichester New Park Centre, New Park Road, PO19 7XY	9 – 2		9 – 2					Aldingbourne Trust Sally Racey 07795 642 271 01243 544607 (Head Office Number) sallyr@aldingbourne.org
Chichester Job Centre, 5 Southgate, PO19 8EH		9 – 1 monthly					Third Tuesday	
Midhurst The Grange, Bepton Road, Midhurst, GU29 9HD		9 -2 monthly					Second Tuesday	
Crawley Bewbush Community Centre Dorsten Square, Bewbush, RH11 8XW		10 – 2		10 – 2		10 - 2		Outreach 3 Way / Dimensions Simon Churcher 07940 516362 simon.churcher@dimensions-uk.org
Ifield Hall, Charlwood Road, RH11 0JX						9.30 – 1.30		
East Grinstead Jubilee Hub, Jubilee Community Centre Charlwood Road RH19 2HL			10.30 – 12.30					Jill Constable 07939 570512 jill.constable@Dimensions-uk.org
Horsham The Rec Clubhouse, Albion Way, Horsham, RH12 1AH				4.30 - 8.30				
Horsham Quaker Meeting House, Worthing Road, Horsham, RH12 1SL	9.00 – 1.00				9.00 – 1.00			
Littlehampton Dove Lodge, 49 Beach Road, BN17 7JG				10 - 2				Worthing Mencap 01903 202 030
Worthing Buddys Café, 121 South Farm Road, BN14 7AX	10 – 2	10 – 2	10 - 2	10 – 2	10 - 2			Richard DeNiese 07503 177 100 mynetwork@worthingmencap.org
Shoreham Shoreham Centre, 2 Pond Way, BN43 5WU		10 - 2						